

Green & red Choices

Families,

I'm so excited to share our behavior management system with you! We use Green and Red Choices in our classroom. It is a positive approach to behavior and a universal support for all students in the classroom to teach students the expected behaviors.



Green choices are good behaviors, worded in a positive way. They are the choices we want students to make such as listen, use kind words, and have a calm body. Green is a symbol for go, keep going and red is a symbol for stop.

USING POSITIVE LANGUAGE GOES A LONG WAY! It builds a caring community where students feel loved and safe so they are able to learn and grow!

We will be teaching green choices (aka expected behaviors) through books and activities all year long. Making green choices is HARD! Each behavior is paired with a visual support. We have a Green and Red Choices Chart for visual support in our classroom.

Green and red choices focus on the choice rather than the child. If a child makes a red choice, a teacher or another student may point it out quietly or simply ask if that's a green choice. The child can change their behavior and make a green choice.

TRY USING POSITIVE, GREEN CHOICE LANGUAGE AT HOME

Say ...

- Walking feet.
- Inside voice.
- Hands to yourself.
- Let's work as a team.
- Use kind words.
- Put it in the trash/recycle can.
- Can you share or trade?
- Is that a green choice?
- You look upset. Can I help you?

Instead of ...

- No running.
- No yelling.
- No pushing.
- Stop fighting about it.
- Stop saying mean things.
- Stop throwing it on the ground.
- Don't take the toy.
- Why are you doing that?!
- Stop the tantrum.

Thank you for all your help and support!